

Welcome to your International SOS membership

Protecting people is our priority.

When you are away from home and in unfamiliar surroundings, there are just some events you can't predict. You may become ill, lose your passport, find yourself in a risky situation or simply need instant, reliable and impartial advice. Whatever your problem, wherever you are, International SOS is here to help. Your membership entitles you to access a powerful resource for worldwide medical, security, travel and emergency assistance.



Now you have your membership card, here's what you should do with it:

- 1 KEEP** this card safe and with you at all times.
- 2 INFORM** friends and family you are an International SOS member so they can get in touch should they have concerns for your welfare while away.
- 3 DOWNLOAD** our free app* on your smartphone from app.internationalsos.com for one-click routine or emergency assistance worldwide - an essential tool for any employee on the move.
- 4 LOGIN** to www.internationalsos.com with your membership number and complete the Membership e-Guide, to help familiarise yourself with the full benefits of your membership.
- 5 CALL** us 24/7/365 with any health, travel security or personal safety concerns, for routine advice or emergency assistance.



*Our Assistance app is available on Android®, BlackBerry® & iPhone®.



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app.internationalsos.com



Worldwide reach Human touch



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For medical or security advice or assistance please call one of our 24-hour Assistance Centres

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